PRAIRIE MOUNTAIN HEALTH
SANTÉ PRAIRIE MOUNTAIN

Dr. Amy Frykoda
Medical Officer of Health

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October 14, 2020

Gilbert Plains Elementary School
106 Burrows Avenue East
Gilbert Plains, MB R0L 0X0

Dear Parent/Guardian of Gilbert Plains Elementary School student(s),

Manitoba public health officials advised Gilbert Plains Elementary School October 14, 2020 of a confirmed case of COVID-19 in the school on Thursday, October 8, 2020 and Friday, October 9, 2020.

Gilbert Plains Elementary School is working closely with public health officials and following their recommendations.

Be assured that public health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Based on the public health investigation, this exposure was assessed to be low risk. The infection was not believed to be acquired at school. Close contacts connected to the case have been identified and advised to self-isolate. Anyone who is a close contact has been contacted directly by public health.

Please note: Gilbert Plains Elementary School is not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any member of the school, community or media.

If you have not been contacted by public health officials, your child(ren) have not been identified as being exposed to COVID-19 from this case. However, if your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others. It is recommended your child get tested for COVID-19 as soon as symptoms appear. Call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause

	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 provided that the individual has been symptom free for 24 hours. Unless recommended by public health officials, only individuals experiencing COVID-19 symptoms should go for testing.

For more public health information about COVID-19, please visit https://manitoba.ca/covid19/updates/resources.html.

Sincerely,

A Frykoda

Dr. Amy Frykoda
Medical Officer of Health
Prairie Mountain Health